

# “Children, Attachment and Coping-Issues and Interventions”

1 day workshop with Dr Steven Walker, Brief Therapy Solutions



**This one day introduction explores** the nature of child and adolescent behaviour and the relationship to development, co-occurring mental health issues and attachment as a fundamental framework to coping well. Participants will examine the theoretical and practical issues surrounding children with behaviours issues that may be grounded in attachment based skill deficits. Participants will consider their own view of and strategies to enhance and interact with these complex and confronting behaviours.

***Participants will explore:***

Basics of attachment styles and some perspectives on affect dysregulation.

Child behaviour and coping in relation to the immediate environment

Child mental health, trauma, attachment and co –existing issues

Strategies for supporting the development of attachment in direct practice and with families

***Cost: Please contact Sector Connect for current fees***

Please note that to run this 1 day workshop there MUST be a minimum of 15 participants registered.

A late cancelation fee applies and will vary between 7, 14 and 21 days notice

Training notes, lunch, and refreshments included

Rates may vary if catering and venue hire is organised by the purchasing agency.

Please call Jane McIvor at Sector Connect on 4648 5933 for further information.

Cheques made payable to Sector Connect, PO Box 3477, Narellan 2567

***A training partnership between Brief Therapy Solutions and Sector Connect***

