



Aboriginal Communities

* Protecting Elders * Protecting Family * Protecting Yourself *

Call 000 for emergencies –
If you are seriously unwell
(breathing difficulties)



Symptoms for COVID-19
include: **Fever, cough,**
runny nose and shortness
of breath – it can sometimes
cause **pneumonia**
or **serious respiratory distress**



Contact the **Coronavirus Health**
Direct Line on 1800 020 080
for advice if you are unsure
of your symptoms



Steps for our mob – Coronavirus

Self isolate and
practice good
hygiene until you
know your results –
even if your
symptoms go away



Contact your doctor
and **advise** if you are
or could be **experiencing**
COVID-19 symptoms



Doctor will either
take a swab sample
or advise you
to visit the closest
COVID-19 Clinic



People to be tested for COVID-19
in NSW is someone who has:

- Recently travelled overseas
- Had close contact
with a confirmed case
- Sometimes a doctor will
decide to test other people
if they are very sick

